

# STEPHEN WISE TEMPLE WISE SCHOOL

## Parenting Classes

### Messy Art

The Messier the Better!! Children play and explore with a variety of art media. They will experience different sensory activities along with an engaging circle time and yummy snack. This class is the perfect way for parents to enjoy the mess without any of the clean up!



### Messy Art Jr.

The same joyous class modified for our younger little artists.

### Family Shabbat Class

This Saturday morning Shabbat experience is fun for the entire family! Sing Shabbat songs, light the Shabbat candles, enjoy delicious hallah while making lifelong memories and friendships.

### Infant and Me

This discussion-based class provides both educational and emotional support as you navigate your journey in parenting. Your little ones will have an opportunity to explore the world as it unfolds before them, to participate in music and to spend special time with you in this relaxed setting. The class is led by licensed marriage and family therapist Nicole Mevorakh and Jenna Pitson, both parenting center coordinators and First36 graduates.



### Grandparent and Me

Share the joys of Judaism with your extended family in a program designed especially for young children and their grandparents. Special projects, music, and holiday celebrations create meaningful bonds and a lifelong love of Jewish learning and tradition.

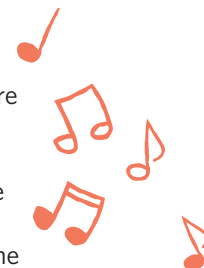


### Shabbat Class

This class is always a favorite—featuring the structure of our regular parenting classes, but with the added bonus of baking hallah, lighting candles, and singing Shabbat songs together. These Friday classes are a great chance for you and your child to make your introduction to some of our most beautiful Jewish rituals.

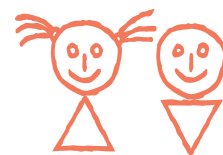
### Nearly Nursery class\*

Fall Session Nearly Nursery: This two day a week program is designed for children who are entering January First Steps. It is a wonderful opportunity for the children to familiarize themselves with the environment they will be in come January. You and your child will be able to connect with other families in the same program.



### Summer Session Nearly Nursery\*

This two day a week program is designed for children who entering Fall First Steps or Fall Discoverers. It is a wonderful opportunity for the children to familiarize themselves with the environment they will be in come September. You and your child will be able to connect with other families in the same program.

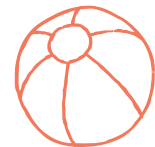


### Rock Zen Roll Yoga

This class incorporates all the joys of our Parent and Me class with a unique yoga and movement component geared specifically for our youngest yogis, facilitated by yoga master Cheryl of Rock Zen Roll Yoga. This class also introduces your children to the joys of our Parenting Center including indoor/outdoor play, snack and connecting with others in our community. Come make new friends and watch your child enjoy all the fun that the parenting center has to offer!

### Sensory and Splash

This summer class incorporates all the fun and creativity from our Messy Art Jr. class but adds waterplay for the hot summer months. They will experience different sensory activities along with an engaging circle time and yummy snack. This class is the perfect way for parents to enjoy the mess and wet without any of the clean up!



\* This is NOT a drop-off program. Parents remain at school with their children. However, it is the next step from Parenting classes, as children begin to shift their trust and reliance from parents to their teachers while in class. The children will also partake in story time, art, water play, a snack and so much more.